

APPLICATION FOR ADMISSION

Infants through Pre-Kindergarten

333 Jeremiah Boulevard Charlotte, NC 28262 704 598 9665

Request Start Date:								
Student's Legal Name:								
	(Last)		(First)		,	ddle)	(Preferre	d Name)
Sex: Age:	D	ate of Birth:	Mon	th:	_ Day: \	'ear:		
Residence & Mailing Ad	dress:							
		(Street)		(City)		(State)		(Zip)
Student Home Phone:		Place of Bir	th:			Ethnicity	/:	
Is student a United Sta *If No, No	ites citizen? o, appropriate appro	Yes No opriate Immigration Imm	Are Pare migration pap	ents? pers paper	Mother:	be submitted w	_ Father: vith applical	
Student resides with:	Both Parents	Father	-	Mother	Gu	ardian		
List any legal authority	or parental res	trictions:						
Last school/care provide	der:			Schoo	I/Provider F	hone:		
zose semosi, est e provid	, <u></u>				,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			
	(Street)		(City)			ate)		(Zip)
How did you hear abou	t Northside?							
List the names & grade	s of any childre	en in your immedia	te family	who are	currently a	t ending Nor	thside?	
Father/Guardian's Na	me:						Title	:
	(Last)		(First)		(Middle)			(Mr., Rev, Dr., etc
Preferred Name:		Date of Birth: _		Last	: 4 digits of :	Social Sec. N	0:	
Residence & Mailing:	(Street)		(City)		(St	ate)	(Zip)	(Cell Phone)
		Macibal Chabus		- Fennil	•	•		,
Relationship to Studen								
Are you an NCA Alumni	? Yes No	If Yes, graduati	on year	Chu	urch you reg	ularly attend	l:	
Employer:		_Occupation:		Work	Phone:			
Have you personally re	ceived Jesus Ch	rist as your Savior?	? Yes	No	Do you reg	ularly attend	church?	Yes No
First person to contact	forinformation	n or in an emergend	cy (circle o	ne):	Mother/Gu	ardian	Father/	'Guardian
Mother's/Guardian's I	Name:						Til	tle:
Preferred Name:	(Last)	Date of Birth: _	(First)	l ast	(Middle)	Social Sec No	0.	(Mr., Rev, Dr., etc
					. , o.g	, , , , , , , , , , , , , , , , , , , ,	J	
Residence & Mailing:	(Street)		(City)		(Sta	ate)	(Zip)	(Cell Phone)
Relationship to Studen	t:	_ Marital Status: _		Email ,	Address:			
Are you an NCA Alumni		If Yes, graduati						
Employer:		_ Occupation:		Work	Phone:			
Have you personally rea		•						Vos No

Ph	Physician:	Phone:			
Нс	Hospital Preference:		Phone:		
Ins	nsurance Company: Emergency Contact (May be contacted if parer		Policy Number:_		
Eu	mergency Contact (May be contacted if parer	nts unavailable and a	re authorized to pick u	p child):	
Na	lame:	Cell:	Home:	Work:	
Na	lame:	Cell:	Home:	Work:	
	s there a medical action plan attached? Description ist known food restrictions, physical, emotion				
	ist any known allergies and the symptoms of			eactions;	
1.54	intervenie and the same and the				
LIS	ist any health care needs or concerns, sympto	ms or and type or res	oonse ror these nealth (care needs or concerns:	
Lis	ist any particular fears or unique behavior cha	aracteristics the child	l has:		
Lis	ist any types of medication taken for health c	are needs:			
Sh	share any other information that has a direct t	pearing on assuring s	afe medical treatment	For your child:	
	PLEASE READ CAREFULLY. BY	SIGNING THIS APPLICA	TION. I/WE UNDERSTAND	AND AGREE:	
11. 12. 13.	activities. I will serve as a volunteer in various of discipline of my child while in the Academy's caproblems arise, I agree to come to the Academy's. Should my child not respond favorably to the Awithdraw. I give permission to list my family's address and I give permission to use my child's photograph newspapers, television releases, school websit. My child may take part in all Academy activities trips or activities may involve taking children in I agree to hold the Academy and its agents har claims on behalf of my child against the Academy reason legal action be taken against North and the Academy or its agents not be found at Northside Academy for Early Learning or its against North and the Academy will not administer over-the-coumedicine chart for infants through K4. In the e Academy employee and/or treatment as requil understand the Academy's administration had I have read and will comply fully with the most or pay-ment penalties. I understand my, or my chedismissal, and that school records may be held. I understand if my account becomes 2 weeks of understand if my account becomes 4 weeks of understand delinquent accounts may be turn responsible for any/all collection fees. I understand that I will have to set up a Procar All credit card payments will incur a 2.85% process.	Handbook, I agree to fu capacities when availate are. I further agree to disp to work with my child academy, I will not try to disp to make in a school te, advertising, social miss, including games, sporato a multi-level structurmless for any liability to my capagent thereof as a school to the school te, advertising, social miss, including games, sporato a multi-level structurmless for any liability to my capagent thereof as a fault, we agree to pay a gents should incur to dunter medications or prevent of a medical emerired by a physician. In the set of the school of the set of the school of the set of the school of the set of the set of the school of the schoo	Illy support AEL personne ole. I also agree to allow the scipline my child as need and school personnel. I change the Academy to form of the change the change of the ch	el. programs, policies, disciplines and he teacher/Academy's discretion in the led in the home. Should serious fit my needs, but agree to quietly ut not limited to newsletters, and promotional materials Sign Form es outside of a fenced area. Some field an or parent thereof because of any alleged injury to our child. Should for ee or agent thereof on our child's behaliees, damages or other costs that action. To a parent's signature on the daily for my child to receive first aid from an ion, and final acceptance of my child. It is a Policy, including any withdrawal and ay result in my child's immediate The status of my account. The status of my account is current and 20 this turned over to an agency, I will be unt or credit card account for payment mergency. The event of emergency. In an emergency inister any drug or any medication	
	(Father/Guardian Signature & App		(Mother/Guardian Sign:	ature & Application Date)	



2025 -2026 FAMILY COVENANT NORTHSIDE ACADEMY FOR EARLY LEARNING

We, the parents of	commit to the following
Student(s) Name(s):	-

- 1. We as parent(s) or guardian(s) accept God's responsibility which says, "Train up a child in the way he should go and when he is old, he will not depart from it," (Prov. 22:6), do affirm that we will support the goals and principles of this training in the home. We promise that the home will provide a secure haven of safety, free from influences that we recognize as harmful.
- 2. We have carefully examined the Statement of Faith on the reverse side of this document and agree with the purpose and philosophy of Northside Academy for Early Learning and desire to join hands with this school ministry in the total education of our children.
- 3. We pledge our loyalty to the aims and purposes of Northside Academy for Early Learning and will bring any criticisms directly to the persons involved according to the guidelines in Matthew 18:15-17.
- 4. The teachers and administration are given full discretion in the discipline of our children, within the guidelines stated in the Parent/Student Handbook, and we will support the Academy in this discipline.
- 5. Northside Academy for Early Learning reserves the right to dismiss, suspend, or otherwise discipline any student who does not adhere to the policies as stated in the Parent/Student Handbook. We pledge that if for any reason our child does not cooperate with the disciplinary standards of the Academy, we will withdraw him/her without delay in cooperation with the administration and avoid discussion with those not involved, so as to avert a spirit of dissension and division at either our child's expense or the Academy's.
- 6. Northside Academy for Early Learning agrees to work closely with the parents or guardians in helping the students learn to solve their school-related Problems. This will include provision of competent teachers, a full and balanced age-appropriate curriculum, regular reporting to parents, supervision of the children, and cooperation with the home.
- 7. We understand that Northside Academy for Early Learning is a ministry of Northside Baptist Church and operates on the principle of faith. Tuition and fees are set according to an approved budget in an effort to make Christian child care and education affordable to those who desire it for their children. As the Lord provides, we will prayerfully consider gifts to help meet financial needs and improvements for the Academy. We commit to uphold Northside Academy for Early Learning consistently in prayer.
- 8. We understand that as the Academy has made a financial commitment to us by hiring teachers, purchasing books and supplies, and reserving classroom space for my child, that we have an unconditional financial obligation to pay tuition in accordance with the most recent Rates, Fees & Financial Policy. We also understand all registration fees are non-refundable, and that delinquent payment may result in our student's withdrawal from the Academy.

We have read the Family Covenant carefully and hereby agree to its terms:			
Father or Guardian:	_ Date:		
Mother or Guardian:	Date:		

Financially Responsible Party-if other than Parent/Guardian:_____

Belief Statement

We, Northside Academy for Early Learning, believe that preventing, recognizing, responding to, and reporting shaken baby syndrome and abusive head trauma (SBS/AHT) is an important function of keeping children safe, protecting their healthy development, providing quality child care, and educating families.

Background

SBS/AHT is the name given to a form of physical child abuse that occurs when an infant or small child is violently shaken and/or there is trauma to the head. Shaking may last only a few seconds but can result in severe injury or even death¹. According to North Carolina Child Care Rule (child care centers, 10A NCAC 09 .0608, family child care homes, 10A NCAC 09 .1726), each child care facility licensed to care for children up to five years of age shall develop and adopt a policy to prevent SBS/AHT².

Procedure/Practice

Recognizing:

Children are observed for signs of abusive head trauma including irritability and/or high-pitched crying, difficulty staying
awake/lethargy or loss of consciousness, difficulty breathing, inability to lift the head, seizures, lack of appetite,
vomiting, bruises, poor feeding/sucking, no smiling or vocalization, inability of the eyes to track and/or decreased muscle
tone. Bruises may be found on the upper arms, rib cage, or head resulting from gripping or from hitting the head.

Responding to:

- If SBS/ABT is suspected, staff will³:
 - o Call 911 immediately upon suspecting SBS/AHT and inform the director.
 - o Call the parents/guardians.
 - o If the child has stopped breathing, trained staff will begin pediatric CPR^{4.}

Reporting:

- Instances of suspected child maltreatment in child care are reported to Division of Child Development and Early Education (DCDEE) by calling 1-800-859-0829 or by emailing webmasterdcd@dhhs.nc.gov.
- Instances of suspected child maltreatment in the home are reported to the county Department of Social Services. Phone number: (704)336-3000 Meck or (704)920-1400 Cabarrus or (704)216-8330 Rowan

Prevention strategies to assist staff* in coping with a crying, fussing, or distraught child

Staff first determine if the child has any physical needs such as being hungry, tired, sick, or in need of a diaper change. If no physical need is identified, staff will attempt one or more of the following strategies⁵:

- Rock the child, hold the child close, or walk with the child.
- Stand up, hold the child close, and repeatedly bend knees.
- Sing or talk to the child in a soothing voice.
- Gently rub or stroke the child's back, chest, or tummy.
- Offer a pacifier or try to distract the child with a rattle or toy.
- Take the child for a ride in a stroller.
- Turn on music or white noise.

In addition, the facility:

- Allows for staff who feel they may lose control to have a short, but relatively immediate break away from the children⁶.
- Provides support when parents/guardians are trying to calm a crying child and encourage parents to take a calming break if needed.

Prohibited behaviors

Behaviors that are prohibited include (but are not limited to):

- shaking or jerking a child
- tossing a child into the air or into a crib, chair, or car seat
- pushing a child into walls, doors, or furniture

Strategies to assist staff members understand how to care for infants

Staff reviews and discusses:

- The five goals and developmental indicators in the 2013 North Carolina Foundations for Early Learning and Development, ncchildcare.nc.gov/PDF_forms/NC_Foundations.pdf
- How to Care for Infants and Toddlers in Groups, the National Center for Infants, Toddlers and Families,
 www.zerotothree.org/resources/77-how-to-care-for-infants-and-toddlers-in-groups





 Including Relationship-Based Care Practices in Infant-Toddler Care: Implications for Practice and Policy, the Network of Infant/Toddler Researchers, pages 7-9, www.acf.hhs.gov/sites/default/files/opre/nitr_inquire_may_2016_070616_b508compliant.pdf

Strategies to ensure staff members understand the brain development of children up to five years of age

All staff take training on SBS/AHT within first two weeks of employment. Training includes recognizing, responding to, and reporting child abuse, neglect, or maltreatment as well as the brain development of children up to five years of age. Staff review and discuss:

- Brain Development from Birth video, the National Center for Infants, Toddlers and Families, www.zerotothree.org/resources/156-brain-wonders-nurturing-healthy-brain-development-from-birth
- The Science of Early Childhood Development, Center on the Developing Child, developingchild.harvard.edu/resources/inbrief-science-of-ecd/

Parent web resources

- The American Academy of Pediatrics:
- www.healthychildren.org/English/safety-prevention/at-home/Pages/Abusive-Head-Trauma-Shaken-Baby-Syndrome.aspx
- The National Center on Shaken Baby Syndrome: http://dontshake.org/family-resources
- The Period of Purple Crying: http://purplecrying.info/

Facility web resources

- Caring for Our Children, Standard 3.4.4.3 Preventing and Identifying Shaken Baby Syndrome/Abusive Head Trauma, http://cfoc.nrckids.org/StandardView.cfm?StdNum=3.4.4.3&=+
- Preventing Shaken Baby Syndrome, the Centers for Disease Control and Prevention, http://centerforchildwelfare.fmhi.usf.edu/kb/trprev/Preventing_SBS_508-a.pdf
- Early Development & Well-Being, Zero to Three, www.zerotothree.org/early-development

References

- 1. The National Center on Shaken Baby Syndrome, www.dontshake.org
- 2. NC DCDEE, ncchildcare.dhhs.state.nc.us/general/mb_ccrulespublic.asp
- 3. Shaken baby syndrome, the Mayo Clinic, www.mayoclinic.org/diseases-conditions/shaken-baby-syndrome/basics/symptoms/con-20034461
- 4. Pediatric First Aid/CPR/AED, American Red Cross, www.redcross.org/images/MEDIA_CustomProductCatalog/m4240175_Pediatric_ready_reference.pdf
- 5. Calming Techniques for a Crying Baby, Children's Hospital Colorado, www.childrenscolorado.org/conditions-and-advice/calm-a-crying-baby/calming-techniques
- Caring for Our Children, Standard 1.7.0.5: Stress http://cfoc.nrckids.org/StandardView/1.7.0.5

Application

This policy applies to children up to five years of age and their families, operators, early educators, substitute providers, and uncompensated providers.

Communication

Staff*

- Within 30 days of adopting this policy, the child care facility shall review the policy with all staff who provide care for children up to five years of age.
- All current staff members and newly hired staff will be trained in SBS/AHT before providing care for children up to five years of age.
- Staff will sign an acknowledgement form that includes the individual's name, the date the center's policy was given and explained to the individual, the individual's signature, and the date the individual signed the acknowledgment
- The child care facility shall keep the signed SBS/AHT staff acknowledgement form in the staff member's file.

Parents/Guardians

- Within 30 days of adopting this policy, the child care facility shall review the policy with parents/guardians of currently enrolled children up to five years of age.
- A copy of the policy will be given and explained to the parents/guardians of newly enrolled children up to five years of age on or before the first day the child receives care at the facility.
- Parents/guardians will sign an acknowledgment form that includes the child's name, date the child first attended the
 facility, date the operator's policy was given and explained to the parent, parent's name, parent's signature, and the date
 the parent signed the acknowledgment
- The child care facility shall keep the signed
 SBS/AHT parent acknowledgement form in the child's file.



additional caregivers, substitute providers, and	·	·		
Effective Date				
This policy was reviewed and approved by:		Owner/Director (recommer	nded)	Date
DCDEE Child Care Consultant (recommended)	Date	Child Care Health Consulta	nt (recommended)	Date
 -	Annual	Review Dates		TH CAROLINA
	January	y 2023	Safe 800-3	d Care Health and ty Resource Center 367-2229 hychildcare.unc.edu
Prevention of Shaken	Baby Sy	ndrome and Abusive I	Head Trauma	
Parent or guardian acknowledgement form				
I, the parent or guardian of		(child or children's	s name) acknowled	ge that I
have read and received a copy of the facility's SI				,
Print name of parent/guardian			-	
Signature of parent/guardian	Dat	CHEDSEN - He	ALTHY E.	NORTH CAROLINA
	Ja	nnuary 2023	and the second s	Child Care Health an Safety Resource Cen 800-367-2229 healthychildcare.unc.edu
Prevention of Shak	en Baby	Syndrome and Abusi	ve Head Trauı	ma
Staff acknowledgement form:				
I(staff name)	acknowled	ge that I have read and receiv	ed a copy of the fa	cility's Shaken
Baby Syndrome/Abusive Head Trauma Policy.				
Date policy given/explained to staff person		_		
Staff signature	Date	_		







Parent or guardian acknowledgement form			
I, the parent or guardian of		(Child's name)	
acknowledges that I have read and received a copy of the facility's Shaken Baby Syndrome/Abusive Head Trauma Police			
Date policy given/explained to paren/guardian	Date of child's enrollment		
Print name of paren/guardian	Signature of parent/guardian	Date	



Northside Academy For Early Learning DISCIPLINE POLICY

We fully recognize the right of every parent in Biblical methods of discipline. We support and work in cooperation with parents who place their children in our facility.

In discipline, we hold that praise and reinforcement are effective methods of managing the behavior of children. We desire to see each child develop self-discipline, respect for others, and a value system based upon the Scripture.

Therefore, we will practice the following discipline/behavior management policy:

- **WE:** 1. DO praise, reward, and encourage the children.
 - 2. DO establish boundaries for the children.
 - 3. DO set a good Christian example beforethem each day.
 - 4. DO modify the classroom environment to attempt to prevent problems before they occur.
 - 5. DO listen to the children.
 - 6. DO deny privileges for unacceptable behavior.
 - 7. DO provide the children with natural and logical consequences for their behavior and maturity.
 - 8. DO respect the children's needs, desires, and feelings.
 - 9. DO attempt to discipline without damaging the children's self-esteem.
 - 10. DO remove misbehaving children from the rest of the children for short periods of time.
 - 11. DO explain things to the children on their level.
 - 12. DO emphasize disciplining with love and consistency.
 - 13. DO believe in working with and through our parents in order to develop good behavior in our children.
 - 14. DO deny the privilege of attending the Academy to children who do not respond to methods listed above.
- WE: 1. DO NOT spank, bite, slap, or otherwise physically punish the children.
 - 2. DO NOT use any form of profanity before the children.
 - 3. DO NOT punish the children when bathroom accidents occur.
 - 4. DO NOT deny meals or rest as punishment.
 - 5. DO NOT leave the children unattended or without supervision.
 - 6. DO NOT allow discipline of children by other children.
 - 7. DO NOT place children in locked rooms, closets, or boxes as punishment.
 - 8. DO NOT criticize, make fun of, or otherwise belittle children's parents, families, or ethnic groups.

God gives children to parents, not to a church or the state. Therefore, when all forms of discipline patiently administered fail to result in a child being controllable, we will call the parent and ask that they come to the Child Care/Academy to discipline their child within one hour.

I, the undersigned parent or guardian of ______ (child's full name), do hereby state that I have read and received a copy of this, the Discipline Policy and that the Director has discussed the discipline Policy with me.

I agree to comply, as well as pledge loyalty and prayerful support to Northside's teachers, procedures, policies, and disciplines. I also agree to allow the teacher/Northside's discretion in the discipline of my child while in their care. In the event that a child should inflict injury upon another child such that he/she bleeds, needs to seek medical attention, or bites another child twice in one day, the child will be suspended for the rest of the day and possibly the next. Discretion of the Director will determine the length of suspension. No financial reimbursements will be made for days of suspension. Should my child not respond favorably to the Academy for any reason, I will not try to change the Academy. I will not try to change the Academy to fit my needs, but agree to quietly withdraw.



OFF PREMISE ACTIVITY AUTHORIZATION

approved space includes primary space, outdo	oor space, and single-use rooms, or other administrative areas that have been
approved for use.	
	parent/guardian of
give my permission to Northside Academy for	Early Learning for my child to participate in an off-premise activity.
Location of off-premise activity: Northside Ch	nristian Academy and Northside Charlotte Campus.
Purpose of the activity: Walk/Physical Health,	Stroller Ride, or attend special Performances or events.
Additional information:	
Parent/Guardian Signature:	Date:
This authorization is valid from / /	TO (up to 12 months)
I, the undersigned parent/guardian of	Northside Academy For Early Learning
	(child's full name)
do hereby state that I have read and received a	copy of the facility's Discipline and Behavior Management
	(or other designated staffmember) has discussed the facility's Discipline and
Behavior Management Policy with me.	Date of Child's Enrollment:
Parent/GuardianSignature:	Date:

"Time-Out"

"Time-out" is the removal of a child for a short period of time (3 to 5 minutes) from a situation in which the child is misbehaving and has not responded to other discipline techniques. The "time-out" space, usually a chair, is located away from classroom activity but within the teacher's sight. During "time-out" the child has a chance to think about the misbehavior which led to his/her removal from the group. After a brief interval of no more than 5 minutes, the teacher discusses the incident and appropriate behavior with the child. When the child returns to the group, the incident is over and the child is treated with the same affection and respect shown the olher children.

Adapted by Elizabeth Wilson, Student, Catawba Valley Technical College



AEL POLICIES

·
y Learning's Parent Handbookand agree to read and uphold the
ile attending childcare at Northside Childcare and AEL.
ild Care Laws and Rules.
Date:
thside or Early Learning
native Form
of the school milk and provide milk or its nutritional illd Care Programs from the United St:1tes Department of ed nutrient intake judged by the National Research Council oted out, if I do not provide milk for my child, I understand that Date:
chside r Early Learning
rnative Form
of the school providing juice and provide a fruit
ildren in Child Care Programs from the United States
he recommended nutrient intake judged by the National utrition
Date:



Children's Medical Report

Name of Child:	Birth	day:		
Name of Parent or Guardian:				
Address of Parent or Guardian:				
A. Medical History (May be completed b	y parent)			
1. Is child allergic to anything? No	Yes If yes, what?)		
2. Is child currently under a doctor's	care? No Ye	s If yes, for w	hat reason?	
3. Is the child on any continuous med	ication? No Yes	If yes, what	:?	
4. Any previous hospitalizations or op	perations? No Yes	If yes, when	and for what?	
5. Any history of significant previous	diseases or recurrent il	ness? No Yes	If yes, , explain	
6. Any history of diabetes? No Yes	s If yes, explain:			
7. Any history of convulsions: No	Yes If yes, explain:			
8. Any history of heart trouble: No	Yes If yes, explain:			
9. Any history of asthma: No Yes	If yes, explain:			
10. Does the child have any physical di	sabilities? No Yes	If yes, explain:		
11. Any mental disabilities? No Yes	s If yes, explain:			
Signature of Parent or Guardian: _			Date:	
B. Physical Examination: This	f Medical Examiners (or or o	Nose: Abd/GU:	pard from bordering program. Teeth: Ext: Hearing:	g states}, a certified Throat:
Abnormal: No		•		
Developmental Evaluation - delayed: _ If delayed, note significance and specia			to No Ves	
If yes, explain:				
Any other recommendations:				
Data of Evamination		e.		
Date of Examination:		Pho	one#:	

Signature of authorized examiner/title:



NOTICE OF IMMUNIZATION REQUIREMENTS FOR CHILDREN IN NORTHSIDE ACADEMY FOR EARLY LEARNING

Child's Name:	Date:
	Birthdate:
By the first birthday a child should have had:	
3 DTP (by 7 mos.)	
3 HIB (by 7 mos.)	
2 OPV (by 5 mos.)	
3 HBV (given at 6 mos. To 19 mos.) if born after 7-1-94	
1 Varicella (between 12 & 19 months) if born on or after	er 2/01/02 4 DTP (by 19 mos.)
4 HIB (by 16 mos.)	
3 OPV (by 19 mos.)	
1 MMR (after 12 mos. and before 16 mos.)	
After 4th birthday and before enterigschool a child shou	ld have had:
5 DTP (one dose must have been given on or after the	e fourth birthday.)
4 OPV (one dose must have been given on or after the	e fourth birthday.)
2 MMR (1 by 16 mos. 2nd before entering school.)	
NOTICE OF DELINQUENT IMMUNIZATION STATUS:	
Based on your child's Certificate of Health record in their	r file, your child needs:
DTP	Hepatits B
MMR	Other
Polio	HIB*
Varicella	
No record on file. A complete	*Please have your doctor note if your child is on
immunization record is needed with the date of	the <u>3 shot or 4 shot</u> HIB series.
each immunization given.	
If you have any questions, please call Tiffany Simpson at	: 598-9665
Note: If your child has already received this/these imm	munization(s), you should, without delay, provide proof of this
to the child Care Center.	
Please have these forms returned to our office by:	

Infant / Toddler Safe Sleep Policy

A safe sleep environment for infants reduces the risk of sudden infant death syndrome (SIDS) and other sleep related infant deaths. According to N.C. Law, child care providers caring for infants 12 months of age or younger are required to implement a safe sleep policy and share the policy with parents/guardians and staff. *Northside Academy for Early Learning* implements the following safe sleep policy:

C5: 9G@99DDF57H79G

- 1. We train all staff, substitutes, and volunteers caring for infants aged 12 months or younger on how to implement our Infant/Toddler Safe Sleep Policy.
- 2. We always place infants under 12 months of age on their backs to sleep unless:
- 3. The infant is 6 months or younger, and a signed ITSSIDS Alternate Sleep Position Health Care Professional Waiver is in the infant's file, and a notice of the waiver is posted at the infant's crib.
 - The infant is 6 months or older (choose one)
 _____We do not accept the ITSSIDS Alternate Sleep
 Position Parent Waiver.*
 - _____We accept the ITSSIDS Alternate Sleep Position Parent Waiver*
 - We retain the waiver in the child's record for as long as they are enrolled.
- 4. We place infants on their back to sleep even after they are able to independently roll back and forth from their back to their front and back again. We then allow the infant to sleep in their preferred position.
 - We document when each infant is able to roll both
 - We document when each infant is able to roll both ways independently and communicate with parents. We put a notice in the child's file and on or near the infant's crib.
- 5. We visually check sleeping infants every 15 minutes and record what we see on a Sleep Chart. The chart is retained for at least one month.
 - We check infants 2-4 months of age more frequently.
- 6. We maintain the temperature between 68-75F the room where infants sleep.
 - We further reduce the risk of overheating by not over-dressing infants
- 7. We provide infants supervised tummy time daily. We stay within arm's reach of infants during tummy time.
- 8. We follow N.C Child Care Rules .09010) and .1706(g) regarding breastfeeding.

C5: 9'G@99D'9BJ FCBA 9BH

- We use Consumer Product Safety Commission (CPSC) approved cribs or other approved sleep spaces for infants. Each infant has his or her own crib or sleep space.
- 2. We do not allow pacifiers to be used with attachments.
- 3. Safe pacifier practices
 - We do not reinsert the pacifier in the infant's mouth if it falls out.
 - We remove the pacifier from the crib once it has fallen from the infant's mouth
- 4. We do not allow infants to be swaddled
 - We do not allow garments that restrict movement. We do not cover infants' heads with blankets or bedding.
- We do not allow any objects other than pacifiers such as pillows, blankets, or toys in the crib or sleep space. Infants are not placed in or left in car safety seats, strollers, swings, or infant carriers to sleep.
- 6. We give all parents/guardians of infants a written copy of this policy before enrollment. We review the policy with them and ask them to sign the policy We encourage families to follow the same safe sleep practices to ease infants' transition to child care*

DCG+9FG5B8DC@7=9G

- Family child care homes: We post a copy of this policy and a safe sleep practices poster in the infant sleep room where it can easily be read.
 Centers: We post a copy of this policy in the infant sleep room where it can easily be read.
- We also post a safe sleep practices poster in theinfant sleep room where it can easily be read.*

COMMUNICATION

 We inform everyone if changes are made to this policy 14 days before the effective date. We review the policy annually and make changes as necessary.*

		Best practice recommendation.
Effective date:	Review date(s):	Revision date(s):
I, the parent/guardian of		(child's name), received a copy of the facility's Infant/
toddler Safe Sleep Policy. I have i	ead the policy and discuss	sed it with the facility director/operator or other designated
staff member. Child's Enrollment	: Date:	
Parent/Guardian Signature:		Date:
Facility Rerpesentative Signature	: 	Date:



Infant Feeding Schedule

The information you provide below will help us to do our very best to help your baby grow and thrive.

Child's Name: Date:							
Date of Birth:							
GENERAL INSTRUCTIONS:							
Please tell us about your baby's feedings at our center.							
I would like my child to be fed the follo	wing while in you	ır care, please	circle:				
Daily Bottles: Formula, Breas	stmilk, Cow's	s Milk, O	ther				
How many bottles will you bring from h	nome daily:						
*All bottles must be labeled with your c	:hild's first name/	last name &c	urrent date.				
Amount in bottles: c How often does your child feed:							
I would like my child to be fed the follow	wing while in you	r care, please	circle:				
Food: Cereal, Baby food,	Table food/Sc	chool lunch,	Other				
* All cereals & baby foods must be labe * If school lunch, please highlight what				rent date:			
How many oz. of cereal	baby food	Mixed wit	h how many oz. f	from your child's bottl	e:		
How often does your child eat cereal/b	aby food:						
Does your child use a pacifier?	YES	NO					
If sleeping, wake my child up to feed?	YES	NO					
****Must be completed for All children le	ess than 15 month	hs old.					
****Must be posted in classroom.							
****Must be updated and signed by the	oarents every mo	onth.					
Parent Signature:			Date	: 			
. G. G. C. Grighlotti C.							



Nutrition Opt Out Form

Child Care Rules .0901(da) and .1706(cs) state:

When children bring their own food for meals and snacks to the program, if the food does not meet the nutritional requirements specified in Paragraph (ha) of this Rule, the operator must provide the additional food necessary to meet those requirements unless the child's parent or guardian opts out of the supplemental food provided by the operator as set forth in G.S. 100-91(2)h. A statement acknowledging the parent's decision to opt out of the supplemental food provided by the operator signed by the child's parent or guardian shall be on file at the facility. Opting out means that the operator will not provide any food or drinks as long as the child's parent or guardian provides all meals, snacks, and drinks scheduled to be served at the program's designated times. If the child's parent or guardian has opted out but does not provide all food and drink for the child, the program shall provide supplemental food and drink as if the child's parent or guardian had not opted out of the supplemental food program.

my child and do not want his/her meals, snacks, or drinks s Child Care Programs from the United States Department of mended nutrient intakejudged by the National Research C	of Agriculture (USDA), which are based on the recom-	
Since I opted out, if I do not provide all the meals, snacks, or drinks for my child, I understand that the program will provide supplemental food and drink.		
arent Signature:	Date:	

NC Division of Child Development and Early Education Regulatory Services Section